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Warning: Wild weather ahead

New report says effects of climate change could soon 'get out of hand' **PAGE 3**

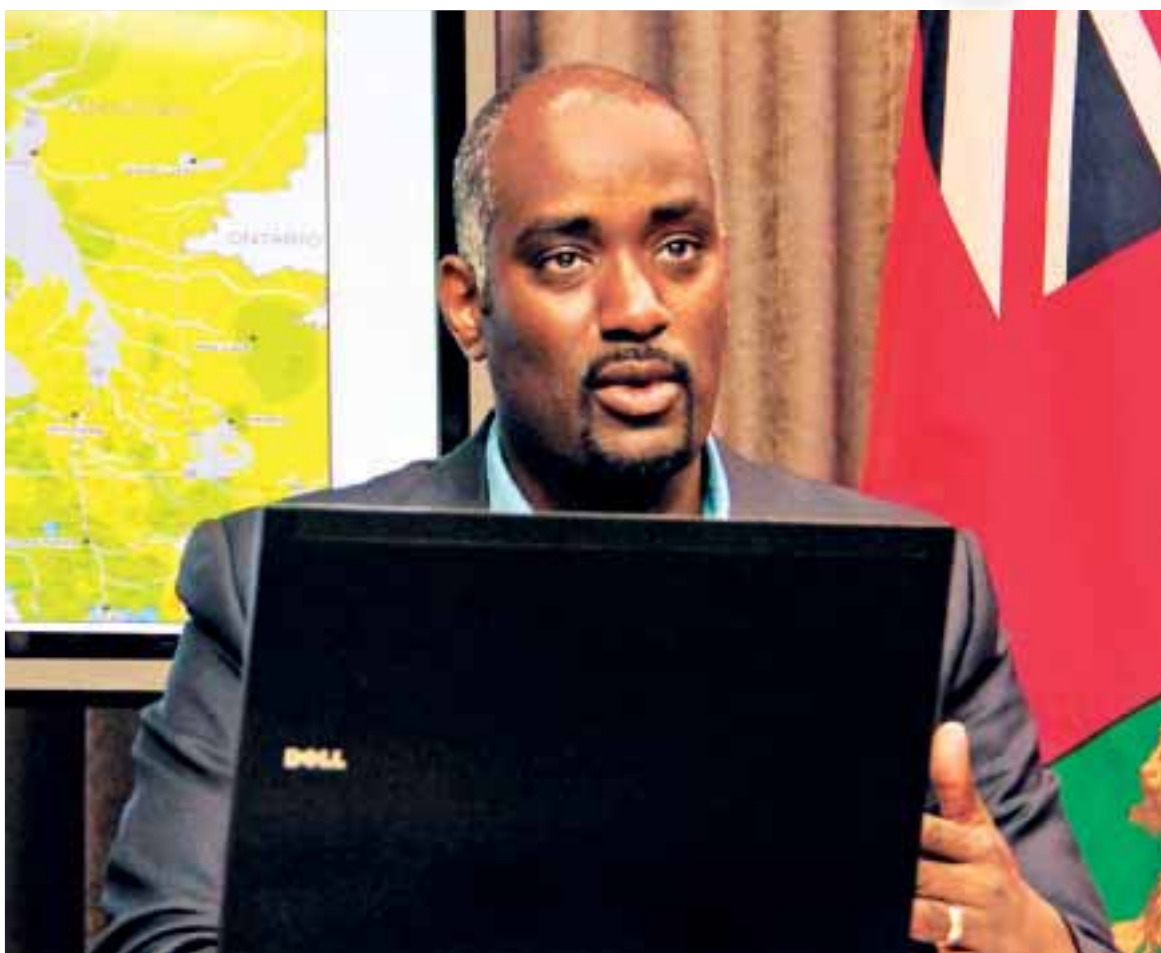
Emma, don't be a Granger

She stole our hearts as Hermione, but Emma Watson is all grown up **PAGE 9**

INTERNATIONAL MAN OF MYSTERY

PUTIN ON THE FRITZ? RUSSIAN LEADER'S ECCENTRIC ACTIONS HAVE SOME WONDERING IF HE'S LOST HIS MIND **PAGE 6**

"I'm looking for something more long term."



Flood forecaster Fisaha Unduche said Monday that recent snowfalls in the United States are no cause for concern so far, since models take into account a certain amount of precipitation per month, such as 15 millimetres for March. BERNICE PONTANILLA/METRO

Province not likely to see major floods

Spring forecast. Water watchers say soil can absorb much runoff from melting snow

Manitoba is looking at normal flooding this spring, unless Mother Nature decides to dump a lot of snow and rain on the flood-prone province in the next few months.

In their second flood forecast of the year, officials said there is a lot of snow on the ground, but not much moisture in the soil, so much of the runoff can be absorbed. Emergency Measures Minister Steve Ashton said the province may not even need to operate the floodway which diverts high water around Winnipeg.

There is still a potential for overland flooding and ice jams in some isolated areas, Ashton said. The forecast could change quickly if there

is an unusual amount of precipitation, he added.

Even with a Colorado low weather system bearing down on the province Monday, forecasted to dump up to 50 centimetres of snow in some parts, officials say the risk of serious flooding is low so far.

Fisaha Unduche, Manitoba's new chief flood forecaster, said the precipitation is isolated and the extreme cold this winter has sapped much of the moisture out of the snow that is still blanketing the province. That means some 60 centimetres of snow can melt down into just a few centimetres of water.

"The cold temperature reduces the density of the snow so even if we see a huge amount of snow in the majority of areas ... the water content of the snow is reduced," he said.

The province is ready with flood-fighting tools if the outlook worsens, Ashton said.

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Arrest made

Murder case suspect found in downtown Winnipeg

A man has been arrested after a nationwide arrest warrant was issued and police issued a public plea for help.

Justin Desmarais, 24, was found dead in a suite at a rooming house in the 200 block of Andrews Street on Jan. 19.

Police wouldn't say exactly how Desmarais was killed, but did allege he died as a result of an altercation with their suspect at a party in the home.

"I can just tell you there were obvious injuries to the victim when he was initially located," said Const. Jason Michalyshen in January.

"We're certainly looking into the possibility that he had been there, whether that be for a day or two."

Desmarais did not live in the home — an address known to police for drug activity — and Michalyshen couldn't say what brought him to the suite.

"Why he was there, and who he was associating himself with at that time, is yet to be determined," he said. "I certainly can't comment on the motivation with respect to his injuries and what exactly transpired at the residence."

After fruitless months searching, Winnipeg police issued an arrest warrant for Justin Atelard Catcheway, 30, for second-degree murder at the end of February and asked the public for help searching.

Police said Monday that Catcheway was found in the 400 block of Kennedy Street and taken into custody without incident. He has been detained. **METRO**

WITH FILES FROM SHANE GIBSON

**Protesters brave cold to take part in protest**

Citizens, health-care workers and union members protest outside the office of Elmwood-Transcona MP Lawrence Toet on Monday. They braved the cold to participate in a national day of action calling on the federal government to renegotiate the Health Accord, which has expired after a decade. According to CUPE, Manitoba could lose up to \$1.3 billion in health-care transfer payments over the next 10 years. The protest was one of two in Winnipeg; the other took place at MP Steven Fletcher's office on Portage Avenue.

BERNICE PONTANILLA/METRO

Manitoba to consider disaster relief request

Chilly terra. Manitoba official said soil temperatures in -5 to -10 C range



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Manitoba's infrastructure minister said the criteria that must be met in order to qualify for disaster financial assistance are "pretty clear and pretty consistent," and he expects to see the City of Winnipeg's application shortly.

Minister Steve Ashton

was asked during the second flood-outlook press conference what the odds are that the city's financial assistance request will be successful.

"We'll look at it. Again, it's up to the City of Winnipeg to apply for it, whether it will eligible or not."

Steve Topping, executive director of hydrologic forecasting and water management, said this year's situation with the soil is "unique," backing up comments from municipal officials about unprecedented frost depths of up to eight feet.

"The soil temperatures are between the range of -5 and -10 C, colder than normal, so that is an indication that this frost will be very

persistent before it'll come out," added Topping.

Ashton said this winter in Winnipeg bore similarities to what he's used to experiencing in his home community of Thompson.

"What people are experiencing, certainly in Winnipeg, is real — it's cold, it's affected soil conditions, there is a lot of snow." However, below-normal temperatures could help prevent major flooding, which would be a silver lining to this "brutal" winter, added Ashton.

City council voted in favour of applying for disaster financial assistance on March 26.

Mayor Sam Katz said during last week's meeting that



Minister Steve Ashton said one word he'd use to describe Winnipeg's winter is "brutal."

BERNICE PONTANILLA/METRO

the costs being incurred by the city over frozen pipes continue to mount.

St. Vital teen escapes would-be kidnappers

A Winnipeg teen is OK after she managed to escape when three men tried to force her into a car.

Winnipeg police said the 17-year-old girl was walking at around 10 p.m. Saturday night on Homewood Drive near Sterling Avenue when

a car with three men inside drove up. The man in the passenger seat offered her a ride home, but she ignored them and kept walking.

The car continued on the street, turned around and approached her again. The passenger got out of the car,

grabbed the girl by the arm and demanded she get into the car. The girl managed to break away and run.

Police are looking for a two-door blue Pontiac Sunfire. Two of the men inside are described as white males in their early 20s.

The passenger is described as about six feet tall, skinny with brown hair and wearing a black jacket. The second man is described as blonde, wearing a tuque and dark jacket. The third man has no description.

Anyone with informa-

tion is asked to call police at 204-986-2857. **METRO**

On the web

For more local news go to metronews.ca



The wild climate ride has only just begun: UN panel

New report. Warning based on more than 12,000 peer-reviewed scientific studies

If the world doesn't cut pollution of heat-trapping gases, the already noticeable harms of global warming could spiral "out of control," the head of a United Nations scientific panel warned Monday.

And he's not alone. The White House says it is taking this new report as a call for change, with Secretary of State John Kerry saying "the costs of inaction are catastrophic."

Rajendra Pachauri, chairman of the Intergovernmental Panel on Climate Change that issued the 32-volume, 2,610-page report early Monday, told The Associated Press: "It is a call for action." Without reductions in emissions, he said, impacts from warming "could get

Time to wake up

Top scientists say the Intergovernmental Report on Climate Change, released Sunday in Japan, shows that Canadians must wake up to the impact of warming temperatures on land, on water and in communities. The report warns:

- The entire freshwater ecosystem of the vast boreal forest that stretches almost across Canada is under threat.
- Climate change will worsen problems that society already has, such as poverty,

sickness, violence and refugees.

- China is now by far the No. 1 carbon dioxide polluter, followed by the United States and India.
- More than 100 governments unanimously approved the scientists' 49-page summary — which is aimed at world political leaders.
- Read more online: The Intergovernmental Panel on Climate Change: <http://www.ipcc.ch>

out of control."

One of the study's authors, Maarten van Aalst, a top official at the International Federation of the Red Cross and Red Crescent Societies, said, "If we don't reduce greenhouse

gases soon, risks will get out of hand. And the risks have already risen."

Twenty-first century disasters such as killer heat waves in Europe, wildfires in the United States, droughts in Australia



This Nov. 9, 2013, file photo provided by NASA shows Typhoon Haiyan taken by astronaut Karen L. Nyberg aboard the International Space Station. Global warming is driving humanity toward a whole new level of risks, a United Nations scientific panel reports, warning that the wild climate ride has only just begun.

KAREN L. NYBERG/NASA/THE ASSOCIATED PRESS

and deadly flooding in Mozambique, Thailand and Pakistan highlight how vulnerable humanity is to extreme weather, according to the report from the Nobel Prize-winning group of scientists. The dangers are

going to worsen as the climate changes even more, the report's authors said.

"We're now in an era where climate change isn't some kind of future hypothetical," said the overall lead author of the

report, Chris Field of the Carnegie Institution for Science in California. "We live in an era where impacts from climate change are already widespread and consequential."

THE ASSOCIATED PRESS

A hotter world means hot spots of hunger, says report



In this July 16, 2012 photo, corn stalks struggle from lack of rain in Farmingdale, Ill. SETH PERLMAN/THE ASSOCIATED PRESS

Global warming makes feeding the world harder and more expensive, the United Nations climate change panel says.

A warmer world will push food prices higher, trigger "hot spots of hunger" among the world's poorest people, and put the crunch on Western delights like fine wine and robust coffee, the Intergovernmental Panel on Climate Change concluded in its 32-volume report issued Monday.

Quoted

"We're facing the spectre of reduced yields in some of the key crops that feed humanity."

Rajendra Pachauri, chairman, Intergovernmental Panel on Climate Change

"We're facing the spectre of reduced yields in some of the key crops that feed humanity,"

panel chairman Rajendra Pachauri said in press conference releasing the report.

Even though heat and carbon dioxide are often considered good for plants, the overall effect of various aspects of man-made warming is that it will reduce food production compared to a world without global warming, the report said.

The last time the panel reported on the effects of warm-

ing in 2007, it said it was too early to tell whether climate change would increase or decrease food production, and many skeptics talked of a greening world. But in the past several years the scientific literature has been overwhelming in showing that climate change hurts food production, said Chris Field of the Carnegie Institution of Science and lead author of the climate report.

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TRANSIT TUESDAY

Weekly Transit News Update



NEW MILLENNIUM LIBRARY SERVICE CENTRE NOW OPEN

Winnipeg Transit's Millennium Library Customer Service Centre, located at 251 Donald St. (corner of Graham and Donald Streets), is now open. Service hours are Monday to Friday, 8:30 a.m. to 4:30 p.m. Customers can visit the new location for all their transit service needs, including bus pass and ticket purchases, route planning assistance, and more. For your convenience, Winnipeg Transit also has customer service centres located in the Winnipeg Square Concourse and at 414 Osborne St. Please note, the 65 Garry St. service centre now serves business customers only and is no longer open to the public. For more information, please visit winnipegtransit.com or call 311.

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Australian PM vows to continue search 'for quite some time'

Royal New Zealand Air Force P-3 Orion's captain, Wing Commander Rob Shearer, scans the southern Indian Ocean Monday while looking for evidence of missing Malaysia Airlines Flight MH370. Although it has been slow, difficult and frustrating so far, the search for the plane is nowhere near the point of being scaled back, Australia's prime minister pledged Monday. The three-week hunt has turned up no signs of the Boeing 777, which vanished March 8 with 239 people bound for Beijing from Kuala Lumpur. ROB GRIFFITH/THE ASSOCIATED PRESS

Russia sees 'virtue' of pact, Baird says

Tough diplomacy.

After Crimea debacle, expert warns Canada should have its eye on Arctic claims

Quoted

"If they've been kicked out of the G8 and humiliated, are they going to keep playing by the rules of the international community?"

Rob Huebert, University of Calgary defence expert on Russia's interests in the Far North

Foreign Affairs Minister John Baird says he hopes Russia has seen the "virtue" of diplomacy to resolve the crisis in Ukraine, while a defence expert warns that Canada should be paying more attention to Russia's claims in the Arctic.

Baird, speaking in Chisinau, Moldova, sounded hopeful about talks between Russian Foreign Minister Sergei Lavrov and U.S. Secretary of State John Kerry in Paris, aimed at diffusing tension in eastern Europe.

"We believe that Russia has apparently now seen the virtue of a diplomatic pact and equivalent steps in positive action," Baird said at a joint news conference with Moldova's foreign minister.

"Frankly speaking, the actions of the Russian Federation will speak more loudly than its words."

He again called on Moscow

to withdraw troops from Crimea and along the borders of eastern Ukraine.

Russia laid out a tough set of conditions for a diplomatic settlement, proposals that would radically alter the way Ukraine is governed and administered by making regions more autonomous.

Baird met with a series of senior government ministers in Moldova, a country squeezed between Ukraine and Romania, and assured them Canada strongly believes in the country's territorial integrity.

But defence expert Rob Huebert of the University of Calgary says the Harper government should be paying closer attention to Canada's own yet-to-be-defined border with Russia in the Arctic.

His warning comes after a published report in Moscow last week saying further mil-

itarization in the Arctic that would challenge Russia's pre-eminence in the region is a "red line" that the West dare not cross.

Canada and Russia have competing interests in the Far North, especially in resource development. The stakes were raised when Prime Minister Stephen Harper last year ordered that Ottawa's presentation to a United Nations panel on boundaries in the Arctic be updated to include a claim to the North Pole.

Although the two nations — as well as several other Arctic countries — are engaged in an international process, Huebert said Putin's recent annexation of Crimea in defiance of international law raises the question of whether Russia would respect a border decision that doesn't go in its favour.

"You have an increasingly



Foreign Affairs Minister John Baird
FRED CHARTRAND/THE CANADIAN PRESS

isolated Russia that has identified the Arctic region as one of their core strategic interests," said Huebert.

"You have to ask the question: If they've been kicked out of the G8 and humiliated, are they going to keep playing by the rules of the international community if they think this is costing them substantial resources?"

The take-away from the Ukraine crisis is that Russia must be taken seriously and as a consequence, he says, the Harper government should take a closer look at its own military plans in the Arctic.

THE CANADIAN PRESS

**“I’m just not
into you
anymore.”**



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PUTIN: PRESIDENT, PUGILIST, PERFORMER, PSYCHOPATH?

Metro asks a Toronto psychology professor what the Crimean crisis, hostile diplomatic relations and rehearsed public spectacles say about the Russian president's mental health

DYLAN C. ROBERTSON/FOR METRO IN TORONTO

toronto@metronews.ca



The many images of Putin: From top, in the mountains of the Siberian Tyva region; playing with his dogs Yume and Buffy; flying in a motorized hang glider alongside a Siberian white crane. THE ASSOCIATED PRESS FILE

From a shirtless fishing trip to riding with biker gangs, Russian President Vladimir Putin is known for his eccentric media appearances.

When armed men in military uniforms arrived in Crimea, Putin claimed they were not Russian soldiers, despite coming from Russia in the country's military trucks. Last Saturday, Putin's former economic adviser told a Swedish newspaper that the leader aims to take back the Baltic countries and even Finland.

As Putin steps up Russia's Arctic military presence, analysts are wondering whether his rhetoric is simply political posturing, or if he's lost his mind.

In the midst of the Crimean crisis last month, German Chancellor Angela Merkel reportedly told U.S. President Barack Obama she wasn't sure whether Putin "was still in touch with reality" and wondered if he was "living in another world."

So is Putin mentally unstable? Probably not, according to Steve Joordens, a psychology professor at the University of Toronto's Scarborough campus.

"You don't run part of the KGB and go on to lead a country without thinking straight," Joordens told Metro.

While it's impossible to evaluate someone's mental state from afar, Joordens believes Putin is instead tapping into the psyche of ordinary Russians, while manipulating other countries. Joordens sees three main themes:

A strong, manly image

Whether taking to the cockpit of a fighter jet or spinning out a Formula One race car at

almost 240 km/h, Putin often appears to be a risk-taking stuntman.

Joordens says Putin is likely trying to show himself as a strong leader of a strong country after a rapid decline in territory and influence.

"Russia was one of two superpowers in its glory days, and it's lost a lot of self-esteem on a country level," he said. "Putin's attempt to show bravado is to preserve a sense of self-esteem."

Joordens notes that Putin portrays Russia as a global power faced with a common, external enemy: the West.

"That's potentially dangerous," said Joordens, who is cautious about drawing analogies with the Second World War. "Germany was also weak, but they had a strong leader. If you do that too much, there's potential to cause a lot of trouble."

Diplomatic daredevil

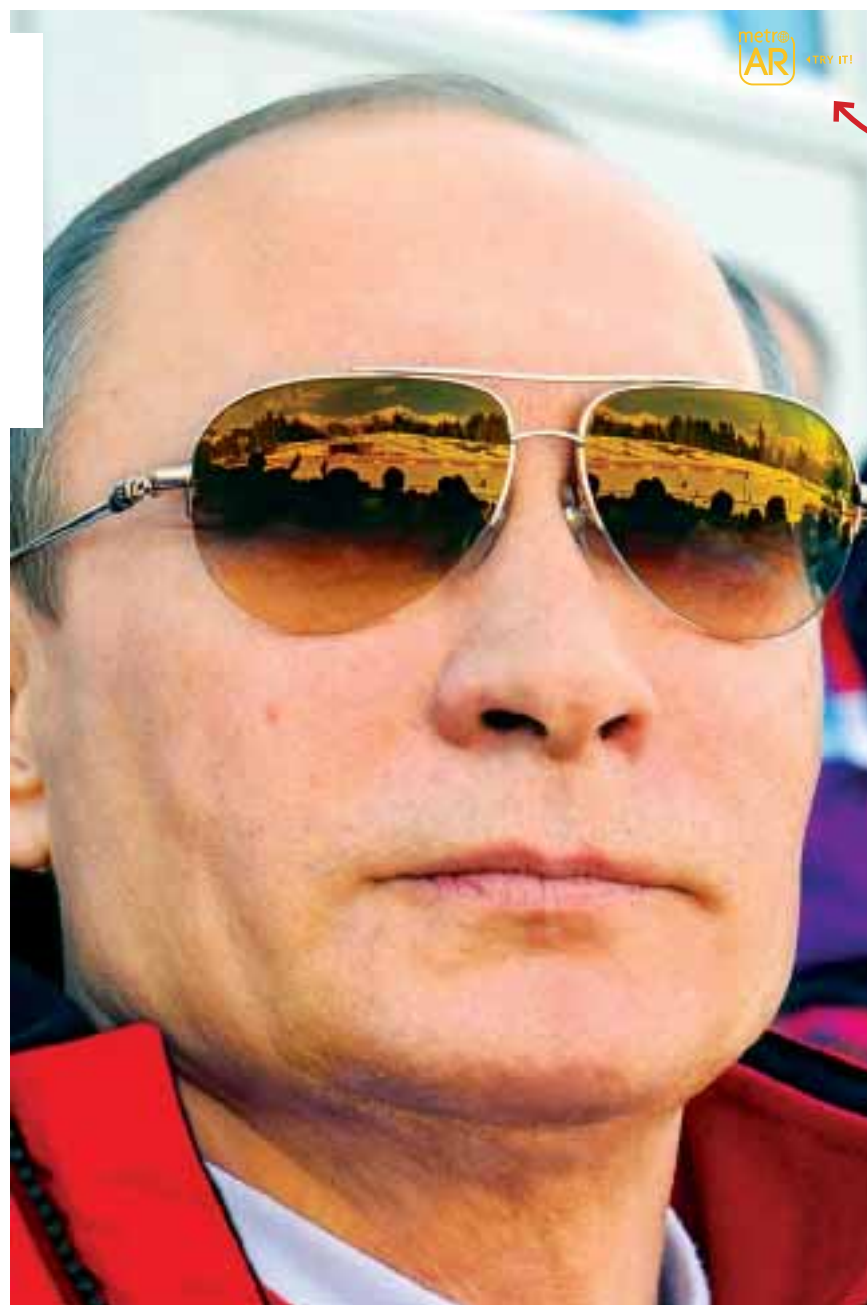
"It's a question of how far (Putin) will take the sabre-rattling."

U of T psychology professor Steve Joordens

Double-speak

No one seems to know what's next for Ukraine, with Russia's foreign minister claiming his government has "no intention" of invading eastern Ukraine while they continue to station more troops at the border. "It's a classic poker technique," said Joordens. "Unpredictability is a source of strength."

But Putin also shows his softer side, posing with his dog Buffy. "He does like to surprise," said Joordens. "People use ani-



From the crisis in Crimea to shirtless photo-ops, Russian President Vladimir Putin leaves many observers wondering what's really going on in his head. MIKHAIL KLIMENTYEV/THE ASSOCIATED PRESS FILE

mals to make themselves look more compassionate."

Putin revealed himself to be a Paul McCartney fan, inviting the singer to Moscow in 2003 and giving him a personal tour of the Kremlin. He also sang the Fats Domino classic Blueberry Hill at a charity gala in 2010.

"It's a way of showing the West that 'Hey, he's one of us.'"

He keeps everybody guessing."

A hostile neighbour

Putin seems to be egging on Western countries, despite signing agreements against military action and carefully building up Russia's image through the Olympics.

"He knows that no one

wants to go to war with Russia."

Joordens suspects that Putin saw Ukraine's uprising as a risk to Russia's influence. Joordens uses the analogy of a hostile neighbour.

"You might have someone causing animosity and friction around them, but they don't care because their family is the top priority," he said.

Some of the many legends of Vladimir Putin

Shooting a tiger

On a visit to Siberia in 2008, a tiger escaped from its cage and lunged toward journalists. Putin quickly grabbed a tranquilizer gun and subdued the beast in one shot.

He then helped measure its teeth before placing a satellite transmitter around its

neck. He attached a similar collar to a polar bear in 2010, and also released a leopard into a Sochi-area sanctuary.

Putin admitted in 2012 that all these stunts were staged, with each animal brought in from zoos or sanctuaries where they had been trained.

The Judo master

During a 2003 visit to Japan, Putin upstaged Judo instructors, throwing his guests to the ground with special moves in front of the Japanese press. Putin published a book about the sport, saying

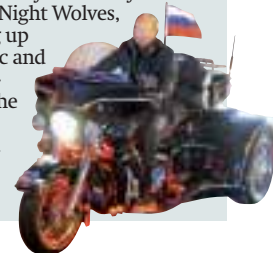


that "Judo teaches self-control, the ability to feel the moment, to see the opponent's strengths and weaknesses."

Hanging out with biker gangs

When Obama came to Moscow in 2009, he met with then-president Dmitry Medvedev for five hours, while Putin got a brief press conference. A dejected Putin took to the streets with Hell's

Angels-style motorcycle club Night Wolves, tying up traffic and stealing the spotlight.



Medical marijuana. Future of pot hazy as feds launch legal challenge

The federal government will contest an injunction that allows people to continue to grow medical marijuana while a full legal challenge plays out in the courts.

It is the latest salvo in a series of legal actions over how the government administers its medical pot program.

Earlier this month, Federal Court Judge Michael Manson ruled that patients currently licensed to grow their own marijuana would be permitted to produce the drug even after new regulations banning the practice take effect Tuesday.

The judge granted an application from medical marijuana patients seeking a temporary injunction to preserve the status quo until their constitutional challenge of the new system could be heard.

The government said Monday it will ask the Federal Court of Appeal to over-



A legal medical marijuana facility in B.C. March 21.

THE CANADIAN PRESS

turn the injunction.

Under the existing federal program, thousands of people have licences to cultivate marijuana for personal use to help ease painful symptoms of conditions such as diabetes and multiple sclerosis.

THE CANADIAN PRESS

First-class letters

Through rain, sleet and snow ... for a buck a stamp

The cost of mailing a first-class letter within Canada went up Monday — by 35 per cent.

Canada Post is raising the price of a stamp to 85 cents, up from 63 cents.

While the new price applies when buying stamps in bulk, it will cost \$1 to buy a single first-class stamp.

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Market Minute



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UN orders a stop to scenes like this

A minke whale is unloaded at a port after a whaling trip for scientific purposes in Kushiro, in the northernmost main island of Hokkaido in September 2013. The International Court of Justice on Monday ordered a temporary halt to Japan's Antarctic whaling program, ruling that it is not for scientific purposes as the Japanese had claimed. In hopes of ending whaling in the icy Southern Ocean, Australia sued Japan at the UN's highest court for resolving disputes between nations. KYODO NEWS/THE ASSOCIATED PRESS FILE

There is no such thing as a new idea?

R&D. Judges must decide if Mark Twain was right when he argued we just make 'new and curious combinations' of existing ideas

Is it too easy for high-tech companies to patent inven-

tions that are not really new, but simply old ideas blended with computer wizardry?

The Supreme Court in the U.S. wrestled with that question Monday as justices considered making it tougher for the government to issue patents for computer software.

The outcome could send tremors through an industry that touches virtually every sector of the economy, from gadgets on smartphones to

advances in anti-lock brakes.

The issue has divided the nation's technology giants, with companies like Microsoft Corp. and IBM warning that new restrictions could nullify thousands of existing patents that are the product of billions in research and development. On the other side, firms including Google, Facebook and Netflix say the free flow of software patents has become a "plague" on the industry, blocking com-

Waterloo, Ont.

BlackBerry won a preliminary injunction barring sales of a Typo Products LLC's iPhone keyboard attachment it claims infringes on two of its patents.

panies from promoting innovation.

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IS THIS A SICK POTTY JOKE?

How do you flush a toilet?

You might think this question has a pretty obvious answer, but a recent discussion with some friends of mine has left me questioning everything I thought I knew about bathroom etiquette. It would seem that it's now standard practice to use your foot to flush the toilet when using a public washroom.

Am I the only person who didn't get the Health Canada memo on this new procedure? I had no idea that we were no longer using our hands to perform this perfunctory task.

Apparently this foot-flushing technique isn't just the invention of a neurotic minority. A 2013 study found that 64 per cent of North Americans operate the toilet flusher with their shoe-clad foot in order to avoid coming into contact with germs in public restrooms.

I can't understand why North Americans are so precious when it comes to personal hygiene. I happen to have an incredibly strong immune system in spite of my daily skin-to-



SHE SAYS

Jessica Napier

metronews.ca

toilet contact. My resilience probably has a lot to do with my complete indifference towards germs, a carefree attitude that I inherited from my father who is the type of man who will marinate a raw chicken breast with his bare hands and then lick the BBQ sauce off his fingertips.

Despite all the fear mongering out there, I just can't bring myself to be afraid of something I can't see. I'm a firm believer in the five-second rule (or even the two-minute rule) and will gladly share a beverage with another person as long as we're on a first-name basis. I ride public transit, double-dip my chips and once ate a chocolate Easter bunny out of the garbage (it was partially

wrapped, in my defence).

I'm not completely uncivilized of course. If someone offers me hand sanitizer I will use it because I know that is the polite thing to do and I adhere to the government-mandated arm-sneeze to protect all the anxious worrywarts out there.

Germ? Who needs 'em

Despite all the fear mongering out there, I just can't bring myself to be afraid of something I can't see.

It's actually these extremists—those who obsessively clean their countertops with pungent antibacterial wipes and scrub their hands like they're prepping for surgery—who seem to get struck down by the common cold so frequently. I assume their bodies are having bad reactions to all the antiseptic fumes and high levels of neuroses.

I know there's nothing glamorous about using a public bathroom, but karate kicking a toilet to avoid touching it with your hands just seems outrageously paranoid to me. If you're trying to avoid all of the infinitesimal microorganisms that are out there just waiting to latch onto you, you're just going to worry yourself sick.

Follow Jessica Napier on
Twitter @MetroSheSays



ZOOM

Art that tests the waters



COURTESY JASON DECAIRES TAYLOR

Sub-aquatic museum

For the past five years, British sculptor Jason deCaires Taylor has transformed seabeds off Mexico and Grenada into underwater art sites. Taylor, 39, sculpts life-size statues, then submerges them at depths of nine metres. His work is featured in a new book *The Underwater Museum*, published by Chronicle Books. **METRO**

Q & A with Taylor

How did you come up with the underwater sculpture?

I started to explore how I could adopt a more conservationist approach in my sculpture. Being a diver and watching how we are losing swathes of coral reefs, I felt inspired to take action. An artificial reef—where marine life (and tourists) gravitate towards

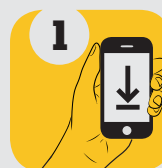
objects—seemed the perfect way for art to help the planet.

Help? How exactly?

The reef encourages fish and coral to live and grow there, while the human statues are linked to the concept of climate change. This art-meets-reef—a sort of visual regeneration—can instill a sense of hope and recovery.

METRO AUGMENTED REALITY

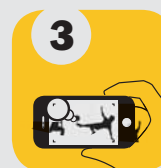
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3. Voilà! You should see the AR in action—like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

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Howls in the Himalayas



**ANDREW
FIFIELD**
metronews.ca

For most of the country, spring made its long-awaited debut in the past couple weeks—hang in there, Atlantic Canada.

Which, of course, means that all dreary winter dreaming about warm exotic places is easing a bit. Though, as that mental fog lifts, we find ourselves regretting the hastily booked Treacherous Himalayan Roads Tour.



Scan this photo of the Himalayas to watch the video of some courageous travellers who skirt the mountain cliff. GETTY IMAGES

DVD review



Anchorman 2: The Legend Continues

Director. Adam McKay

Stars. Will Ferrell, Steve Carell, Paul Rudd

I quote Brian Fantana's promise about Sex Panther cologne: "60 per cent of the time, it works every time."

So does this long-awaited comedy sequel that supposedly nobody wanted — except for millions of fans of Ron Burgundy, Will Ferrell's puffed-up TV newscaster, and his Channel 4 teammates: scented news sleuth Fantana (Paul Rudd), thunderdolt weatherman Brick Tamland (Steve Carell) and sports clod Champ "Whammy!" Kind (David Koechner).

Now that it's here, again directed by Adam McKay and co-written with Ferrell, it must be said that Anchorman has gone from being kind of a big deal to being kind of a bloated deal.

Anchorman 2 nevertheless amuses, with your personal hilarity meter likely rating it higher if you enjoy seeing beloved characters acting even goofier.

And if you get the Blu-ray version, the abundant extras include an almost entirely new cut of the film, with a promise of 763 new jokes. **PETER HOWELL**

Emma Watson moves beyond Hermione

All grown-up. The star of new release Noah talks to Metro about her movie career, and finding a work-life balance

GABRIELA ACOSTA SILVA
Metro World News

Hermione is all grown-up now. Almost three years on since the Harry Potter movie franchise ended, Emma Watson is out to prove there is life beyond Hogwarts. "I still need to show people what I can do outside of Harry Potter. I don't think I'm quite there yet, but I'm getting there," the star of Noah tells Metro Latin America at the Spanish premiere of the new movie in Madrid.

There's been a lot of buzz surrounding Noah, both good and bad.

The producers did a lot of research and came up with many different versions of the script. The biggest problem is that in the Bible, Noah's story is like half a page. So basically, we made a three-hour movie out of three paragraphs.

Your character Ila has dreadlocks. How did that come about?

We decided to use hair extensions, which was actually quite difficult because at the time, my real hair was really short. The good thing is that we didn't have showers or bathrooms on set, so it worked out fine in the end.



Emma Watson with costar Douglas Booth in Noah. HANDOUT

How would you describe the movie?

Personally, I find Noah's story a little bit cheesy. But when the screenplay is written by someone like Darren Aronofsky you know you're going to be doing something special. I'd say the movie is more of a study of people who find themselves in a futuristic, apocalyptic world.

What is your biggest challenge right now?

Prove that I am no longer Hermione. I need to be able to be good, bad, bold or innocent in whatever role I take

on. But I still need to show people what I can do outside of Harry Potter. I don't think I'm quite there yet, but I'm getting there.

What's the best thing about being in your early 20s?

I'm no longer scared to take on new roles. I'm more confident and more focused now than I used to be, and I've also learned that not everything in life is about work. Fame has the power to blur reality. That's why I chose to take a step back and go study, and gave myself the space to think about what

I really wanted to do. Right now I've gone back into the acting world with a different mindset.

You're studying as well as working. How is university going?

I'll be graduating from Brown University in May and I'm glad I took the time out to study. I have the rest of my life to make movies and I feel like I learned a lot just by living alone in another country. I feel like I'm at the stage where I now have a healthy balance between my professional and personal life.

Michael Chiklis gets his freak on for scary show



Michael Chiklis will star in American Horror Story: Freak Show. GETTY IMAGES

Michael Chiklis is ready to freak out.

The actor is joining the American Horror Story family for the anthology series' fourth season, subtitled Freak Show. The Emmy-winning star of The Shield will portray the ex-husband and father of characters played by Kathy Bates and Evan Peters.

The Chiklis casting announcement came during the American Horror Story: Coven event that served as closing night of PaleyFest, which over

16 days presented casts and crews of past and present TV series, attracting thousands of fans to the Dolby Theatre.

The series' stars present for the PaleyFest panel included Peters, Angela Bassett, Jamie Brewer, Frances Conroy, Denis O'Hare, Sarah Paulson, Emma Roberts and Gabourey Sidibe, with Bates herself making a surprise appearance.

Actress "Jessica (Lange) is on spring break with her grandchildren," noted series co-creator Ryan Murphy, who

later revealed more season-four casting news:

Lange and "every person on this stage is coming back in some capacity," he said.

Murphy explained the setting for the upcoming series "is not a circus and is not carnival — it's a freak show," adding that it was Lange who came up with idea of her character, a German expat who is a "collector of freaks."

American Horror Story: Freak Show is set to debut this fall. **THE ASSOCIATED PRESS**

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Van Der Beek likes sitcom better live

Friends with Better Lives. Playing to a live audience is 'a lot of fun' for new show's star



AMBER RAY
Metro World News in New York

Keeping up with the Joneses used to require a peek over the white picket fence. Thanks to social media, you now have to post equally fabulous vacation photos on Instagram, bake cookies that are nothing short of Pinterest-worthy, and make sure Nike+ is keeping everyone on Facebook aware of your running progress. At least, that's the premise of the new CBS sitcom *Friends with Better Lives*.

"The show examines friendship through that grass-is-always-greener lens," says Dana Klein, creator and executive producer of the



James Van Der Beek, left, in *Friends with Better Lives*. CONTRIBUTED

show. "I mean, I can barely open my computer without feeling like I failed in a million different ways. Someone's got the perfect family, the perfect kids, the perfect job, the perfect body. It's human nature to want what we don't have."

"I've got all those things," interjects star James Van Der Beek. It's an offhand joke, but one that exemplifies the show's biting humour about modern friendship.

Van Der Beek's favourite change in his return to television is playing in a new for-

mat. "The great thing about this is the live audience aspect," he says. "I started out in theatre, so it's a lot of fun. I feel like the audience kind of keeps you honest. It's old school. It's an old school sitcom. You either get a laugh or you don't." **AMBER M. RAY/MWN**

Freeman demurs on learning fate of lemurs

Morgan Freeman steps back behind the microphone for *Island of Lemurs: Madagascar*, giving another nature documentary his March of the Penguins voice-over treatment. Only the gig left him with more questions than answers, like: Do people in Madagascar eat lemurs? He got a sobering answer at the film's press conference, learning that due to worsening poverty on the island nation, people are actually eating the adorable creatures. So naturally we wanted to talk more about that with him.

So people are actually eating lemurs now.

It's not f---ing OK. Yeah, people are poor. I don't know what we're going to do about that. There are too many of us, I think. And because there are too many of us we are going to continue to grow, and we grow even faster because population growth is exponential. If you've got two people creating babies, next thing you know you've got four creating babies, and then eight and then 16 and

Consumed by growth

"As long as your population is growing, I suppose, you're getting a bigger consumer base. That's not really what we need, is it?"

Morgan Freeman

then ... So it's a problem. And I just read about how these countries get really concerned if the population starts to decline because they suffer economically.

With Japan, right?

Yeah, yeah. They're concerned about the levelling off of the population growth. As long as your population is growing, I suppose, you're getting a bigger consumer base. That's not really what we need, is it?

It's not a topic people like talking about, though, population control. Well, they won't until it's too late. And we won't know it's too late until it's too late.



Morgan Freeman. GETTY IMAGES

We're at 7.3 billion — probably more than that now. And as I read it, in about 15 to 18 years there will be 8 billion.

What do we do with all of them?

Well, eventually there just won't be enough food. We're turning everything on the planet into food for humans. Daniel Quinn, who wrote *Ishmael*, he talks about the difference in humans between

"takers" and "leavers." Leavers are those people who live simplest — the forest people of Borneo, the leaf people of the Amazon, the Tasadays in the Philippines. These are people who still live in the forest, and they don't require much. They don't have cars. S---, I've got three cars and an SUV.

That's a lot of cars.

Yeah. My point being, we're takers. We're just gobbling up s---. And we're encouraged to do it. It'll be too late before we know it's too late.

Have you thought about ways you yourself can pare things down?

Well, one of my cars is a Tesla, so I've reduced my carbon footprint somewhat. They're awesome, awesome cars. Very, very nice. A technological marvel. It's keyless — but you have to have a key.

It senses you.

Yeah. And it tells you it senses your presence. Door handles come out, car lights up, it's like, "Oh! It's happy to see me!" **NED EHRBAR/MWN**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Bachelor stars get no love from Atlantic City

PAT HEALY
Metro World News in Boston

Atlantic City didn't have the kindest of receptions for Bachelor star Juan Pablo Galavis and his girlfriend, Nikki Ferrell, who came to the resort town for a special appearance at The Pool After Dark at Harrah's Resort Atlantic City on Saturday night.

Galavis and Ferrell appeared on the red carpet around midnight, and the locals were angry. Galavis was originally to sit at a VIP table next to the stage until



someone (it is not known who this local hero was) threw an aluminum beer bottle at him. After that, the organizers moved him to a cabana area for his own safety.

According to reports (read: the publicist who sent me this), Ferrell joined Ga-

lavis in the VIP cabana area where they "kissed" and "held hands" until around 3 a.m., hopefully fulfilling all contractual engagements.

Read: The two didn't stick around for that long, and once they collected their paycheck, flew to Miami the next day.

One part Franco didn't play was Lohan's lover



Lindsay Lohan

James Franco doesn't say the whole list is bogus, but he definitely doesn't think his name belongs on it, insisting that he has never gotten intimate with the troubled starlet.

In an interview with Los Angeles Magazine, Franco defends his decision to write about other celebrities in his new book of poetry.

"I didn't write anything bad about them," he says. "And Lindsay herself has told lies about me with her 'people she's slept with' list. So I feel like what I said is much less than what she's said."

Twitter



@ChloeGMoretz
When u only get 2 1/2 hours of sleep



@mcgregor_ewan
Thanks for all the B'dy wishes. You've made a newly 43 year old very happy. Cheers the noo.



@Evalongoria
Just realized we did a little pilot called Desperate Housewives 10 years ago! March 2004!

Have you Heard? Depp is wearing a 'chick's ring'

Johnny Depp showed off a diamond engagement ring that he called a "chick's ring" on Monday - indirectly confirming rumours of his engagement to actress Amber Heard.

Asked whether he was engaged, the Pirates of the Caribbean star replied, "The fact that I'm wearing a chick's ring on my finger is probably a dead

giveaway. Not very subtle." He laughed as he lifted up his left hand and displayed a single diamond on a band around his ring finger.

His comments follow months of unconfirmed reports of his engagement to actress Heard, 27, who starred alongside Kevin Costner in 3 Days to Kill released in the U.S. earlier this year. **THE ASSOCIATED PRESS**

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In Theatres April 11

Putting a face to autism

National Autism Awareness Month.

April is a time to educate the public about everything autism. One mom offers a glimpse into an evening with her autistic daughter

LESLEE
HERSH
life@metronews.ca

It's Friday evening, and the nanny has left for the weekend. Lauren is submerged in the bath, singing aloud, happy as a clam. She is always happy, and that is my salvation. All we are supposed to want for our children is for them to happy, isn't it?

I realize I forgot her PJs and a fresh towel, so I go to retrieve them from the closet in her bedroom. I come back to small drips and puddles along the bathroom floor. The shuttered bathroom window is now firmly closed, as is the vanity drawer, both of which were inadvertently left slightly open. She is lying contentedly back in the bathtub and could stay there entertaining herself for hours if I let her. Everything is in perfect order, as it must be, or chaos might ensue.

"Write down calendar!" she cries. I transcribe a visual daily calendar with activities on a chalkboard in her room, each upcoming event identified — from mealtimes and snacks to baths and sleep. This is critically important to her, so I use it as a tool to motivate her to focus on getting herself dressed for bed. "First PJs, then calendar," I tell her. For this reward, she obliges.

The telephone rings. "Goooooodbyyye!" she shrieks before I even answer.

Lauren does not like when my attention is focused on anything but her. I tell her it is Grandma, and ask if she



Lauren, 13, was diagnosed with autism at age 4. SUBMITTED

would like to say hello. "Eeeeeeessss", she replies. The conversation ensues: "hiGrandmahowareyoulamgood" and is followed by a series of "eeeeeessss" in response to unheard questions. After a quick "Goodbye, Grandpa" (who is really still Grandma), I take the phone to speak, and the "goodbyyyes" start again, over and over until the phone is set properly back in its cradle.

I fill out her calendar while she grabs her Magna Doodle and begins furiously scribbling to calm herself down further. This is her "stim." Others living with autism — a disorder of neural development characterized by impaired social

interaction and verbal and non-verbal communication, and by restricted, repetitive or stereotyped behaviour — like to rock back and forth or find other repeated actions to calm down.

"I need hugs, Mom." The squeezing motion calms her again, and she reaches for her cherished iPad and searches YouTube. For the next several hours, she positions herself in her usual way, deep within the folds of her beanbag chair, and repeatedly watches Barney, Baby Einstein, and Sesame Street episodes that she has watched nightly for years.

Next, she carefully inspects their video box covers that she has managed to source on eBay,

because this too is very important to her. She has memorized every single word and song from every one of these YouTube videos and recites them, in sync with the films.

The precision is almost perfect now, but this has taken several years of dedicated practice, because she cannot even carry on a conversation yet. She is 13.

I take away the iPad and prepare her for bed. Again, she begins babbling out loud to herself and carries on like this easily for the next two hours.

She laughs out loud and then sings, completely immersed with the images and voices in her head. She laughs

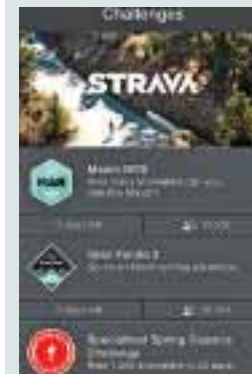
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Strava
iPhone/Android;
free)



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Kris Abel
@RealKrisAbel
life@metronews.ca

Find great routes for cycling and running in your area with this GPS tracker that offers fun challenges while comparing your performance against others of the same age and weight.



again when she hears Rihanna and Eminem sing they are friends with the monsters in their head, as if she understands. I suspect she does. She loves music more than anyone I know. Sometimes I stop when I think of her most favourite songs because I am afraid to believe my own thoughts. Does she understand in that head of hers? If she does, and my desperate hope for "normalcy" returns, will it be crushed again by professionals telling me it is only wishful thinking?

The songs? Firework by Katy Perry, and Born This Way by Lady Gaga. Read the lyrics and — although she might not be coherent should you meet her, and certainly could not share her thoughts with you — please be the judge.

Then, try to understand the frustration that she lives with day after day, night after night, and year after year.

That is the face of autism.

A Canadian view

Funding gap

I'm a single mom to 13-year-old Lauren, who was diagnosed with autism at age four.

Lauren attends an autism class and must transition to high school next September.

As of now, there is no financial help available to her for daily Intensive Behavioural Intervention (IBI) therapy, despite Lauren being unable to

manage her personal hygiene unaided, carry on a verbal conversation or make friends and interact socially.

What will become of her? I can't begin to prepare for future living arrangements until she is 16 years old.

The autism epidemic has now skyrocketed to one in 63! So why does the government not care what becomes of her or any of these children?

Lauren's name sat on a

two and a half-year wait list for IBI funding. This critical education was initially funded by me, as the window of its greatest effect lies in early childhood. The wait times have now doubled, and IBI is the only therapy that has actually been proven to help children like her. That, combined with the many other therapies Lauren requires — like speech and language, occupational therapy, daily

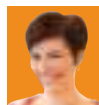
living skills, psychotherapy, social skills development — can easily average \$40,000 per year. The Ontario government is phasing Lauren out of this funding now because of her age, despite their admission that it is the most effective learning tool for her.

The government provides those dollars to younger kids, but not to autistic teens. What about caring for our teens and adults? We need to take care



of all of our children by offering them every available tool at our disposal. **LESLEE HERSH**

Creamy comfort without the cream



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

No one will ever know that there is yogurt and tofu in this soup instead of cream.

Together, they are excellent and filling protein.

The only trick to this soup is to keep the temperature at a simmer since boiling will turn the creaminess into graininess and then we are both busted as nutrient hiders.

Just don't say that I didn't

warn you!

1. Break shiitake mushrooms into smaller pieces and place in a microwavable bowl with the 2 cups of water. Cover and place in microwave for 3-4 minutes until softened. Set aside

2. Stir cornstarch into the plain Greek yogurt and set the mixture aside.

3. Brown butter in a large pot and add onions, cook for 3 minutes. Add mushrooms and brown over medium high heat for 3-4 minutes.

Health Solutions

Spongy, pale, small and nutrient heavy

Spring marks the big thaw and the sprouting of luscious things from the earth.

All mushrooms contain trace minerals that they pull from the earth and/or the wood that they grow on. They are also high in the stress-fighting B vitamins and contain bone building vitamin D.

Quite a punch for a small, pale, spongy thing.

Many wild and specialty mushrooms are grown year-round in temperature, moisture, light and heat controlled barns.

They feed on wood logs that are specifically structured and tended to according to each species' needs.

Dried mushrooms are

fairly common but can get pricey! Search the Asian section of your grocery store for a big ol' bag of shiitake shrooms rather than in the grocery section for a delicate pack of "mixed gourmet". You will get *mush* more bang for your buck. Get it?

By far, the best way to cook any fresh mushroom is in a skillet that has been heated to very high heat.

Rinse and dry the mushrooms on paper towels, add a knob of butter to the hot pan and let melt and slightly brown.

Do not crowd the pan. Allow space between each piece since the key to cooking mushrooms, so they brown rather than turn grey, is to make sure the water evaporates.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



This recipe serves four and takes 20 minutes to make. THERESA ALBERT

FLASH FOOD



From your fridge to your table in 30 minutes or less

4. Add white pepper, onion powder and stir 2 minutes. Pour reconstituted mushrooms with liquid through a strainer to catch any dirt or sand, add the reduced sodium chicken broth and

tarragon and bring to a boil to for 5 minutes.

5. Whisk in yogurt mixture and silken tofu.

6. Puree the mixture with a hand wand or in a blender, and top with cheddar when serving.

THERESA ALBERT IS A FOOD COM-

MUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDIN-FOOD.COM

Ingredients

- 1 cup dried shiitake mushroom
- 2 cups water
- 1 tbsp cornstarch (or arrow-root powder)
- 1 cup plain, gelatin-free Greek

- yogurt
- 1 tbsp butter
- 1 onion, chopped
- 8 oz (1 package) sliced mushroom
- 2 tsp white pepper

- 1 tsp onion powder
- 2 cups reduced sodium chicken broth
- 1 tsp tarragon
- 6 oz (1 package) silken tofu

"I don't see us having a future together."



SPORTS 4

Jays pick up where they left off in Tampa

MLB. Toronto's luck looks to have carried over from 2013 with Reyes injured, Dickey thumped in opener

Jose Reyes aggravated an injury, R.A. Dickey struggled and the Toronto Blue Jays ended up with a one-sided loss to Tampa Bay.

David Price took a shutout into the eighth inning and Matt Joyce drove in three runs Monday to help the Rays begin the season with a 9-2 victory over the Blue Jays.

Reyes left the lineup after his first at-bat because of a tight left hamstring. The star shortstop led off the game and was robbed of a hit on a diving catch by Rays centre-fielder Desmond Jennings. He was replaced in the field by Ryan Goins.

"I tried to run a little bit faster between home plate and first base, and I kind of feel my hammy there," Reyes said. "So I have to slow down and get out of the game because I don't want to get any worse."

Reyes missed several games during the final week of spring training with the same problem, and wasn't at 100 per cent for exhibition games Friday and Saturday in Montreal. He will have an MRI and is expected to be put on the 15-day disabled list on Tuesday.

"Irritated the same spot, so that's a concern," Toronto manager John Gibbons said.

Reyes missed 66 games last season after going on the DL April 13 with a sprained left



Rays outfielder Desmond Jennings, left, beats the tag of Toronto Blue Jays catcher Josh Thole to give Tampa Bay a 6-0 lead during the fifth inning of Monday's season opener in St. Petersburg, Fla. CHRIS O'MEARA/GETTY IMAGES

Opening day

9

Rays

2

Jays

ankle.

Price (1-0) allowed two runs and six hits over 7 1/3 innings to beat R.A. Dickey in a match-up of 2012 Cy Young Award winners. The hard-throwing lefty walked one and struck out six before a crowd of 31,042 at Tropicana Field.

"It's really disappointing

and frustrating," Dickey said. "You feel like you let a lot of people down. Against David Price, one of the best pitchers in baseball, if you don't match him inning per inning, it's going to be tough to win the game. I put us in a hole early. Walked some guys early, gave up some 0-2 hits with runners in scoring position, and that was the game."

Price limited the Jays to four singles and had only allowed two runners past second base before Maicer Izturis opened the eighth with his second hit of the day. Pinch-hitter Erik Kratz followed with a first-pitch, two-run homer to centre-field. **THE ASSOCIATED PRESS**



Detroit Tigers slugger Miguel Cabrera agreed Friday to the richest contract in American sports, a \$292-million, 10-year deal with the Detroit Tigers. GETTY IMAGES

Metro AR poll results



41%

Metro readers voted Norway's multi-coloured Olympic curling pants as the ugliest in our poll of ugly sports uniforms. Here are the rest of the results:

23% Northwestern football (stars and stripes, 2013)

13% Chicago Bulls (St. Patrick's Day green sleeves, 2014)

13% New York Islanders (Capt. Highliner logo, 1995)

10% Blue Jays (with buff bird logo, 2003)

0% Toronto Raptors (purple duds, 1995)

MLB

Expanded replay proves quick and effective

Major League Baseball launched the expanded replay era Monday, and saw instant results — a pair of missed calls by umpires got fixed fast, without any arguments.

Opening day showed off the game's newest nod to modern technology in a sport that long relied on the eyes of its ump.

Of the first four reviews Monday, none took longer than 2 1/2 minutes.

THE ASSOCIATED PRESS

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Horoscopes

Aries

March 21 - April 20

The more others try to make you change your mind about something the more you must refuse to be moved. You know what is right and what is wrong, so make your own decision and stick to it.

Taurus

April 21 - May 21

There is no point getting worked up over something you can't do much about. You may not be able to change things on a social or political level however you can change things on a personal level.

Gemini

May 22 - June 21

Something you have been worrying about for quite a while will fade in significance today and that's good. But has the cause of the worry actually gone? You need to find out.

Cancer

June 22 - July 23

If someone you have feelings for seems unresponsive today don't think it means you are drifting apart. Most likely they just need to spend some time alone to think things through.

Leo

July 24 - Aug. 23

You may want to be friends with everyone but you need to be discerning. There are some people who you will never get along with because you are on different emotional and intellectual levels.

Virgo

Aug. 24 - Sept. 23

Others will be generous with you if you are generous with them. Let friends and colleagues know you are willing to work alongside them. Teamwork is essential now, in all areas.

Libra

Sept. 24 - Oct. 23

There may be a thousand and one things you want to do today but Jupiter, planet of success but also excess, warns you must not to take on too much. Ask loved ones nicely to do more things for you.

Scorpio

Oct. 24 - Nov. 22

Some of what you hear over the next 24 hours may be less than complimentary but it is of no real importance, so don't let it upset your equilibrium.

Sagittarius

Nov. 23 - Dec. 21

You may hear something about your money situation that brings a smile to your face today but don't be too hasty. There is a chance you are being misled, so don't go on a spending spree.

Capricorn

Dec. 22 - Jan. 20

Something you have been working on for some time needs to be left alone for a while. You have got so involved with it that other areas of your life are being neglected.

Aquarius

Jan. 21 - Feb. 19

There is no point getting annoyed about things beyond your control – you know that already. So why are you allowing what is a minor event to cause major shockwaves in your life? Get over it – now.

Pisces

Feb. 20 - March 20

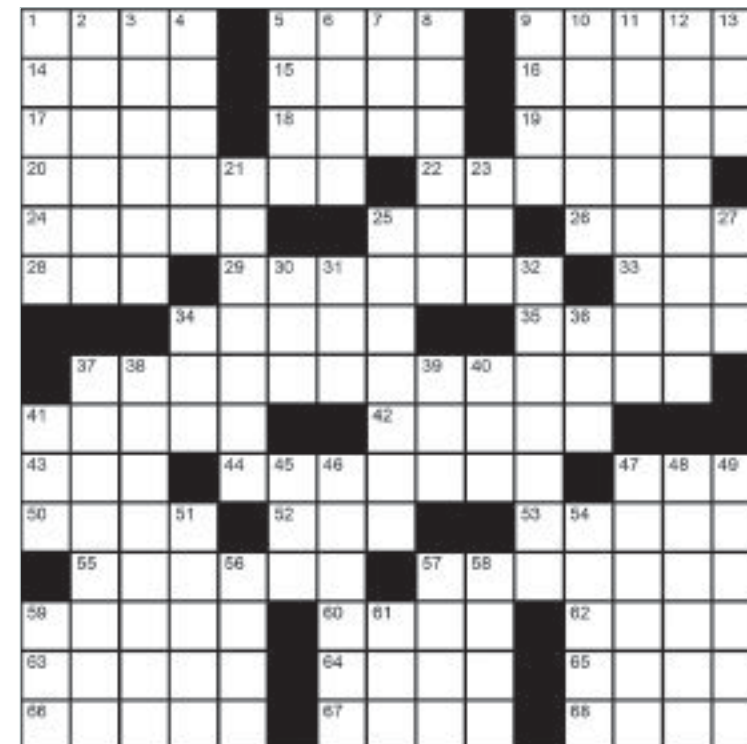
You have some important personal issues to deal with, so let your friends know they may be seeing less of you for a while. Get your emotional life in order, then go and have fun.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

- Star ___ Tuna
- Kitschy
- Kate ___ (Purse designer)
- Quebec: Saint-Louis-du-___!
- Actress Jessica
- "___ be true?"
- Prefix to 'culture'
- Stuff
- Barter
- Northwestern Ont. town, Fort ___
- Some Honda cars
- Fashion: Oscar de la ___
- Bird beak
- Cries
- "Rat!"
- Informer, to inmates
- Pecan, for one
- "___, ___!" (Laura's catchphrase on "The Dick Van Dyke Show")
- Peter, in Spain
- 01/04: 3 wds.
- Decrease
- "That's just great."
- Evita's land, for short
- One of the three 'Rs' in green living
- "Law & Order: ___"
- Alone
- Ums, etc.
- Bits
- The Arctic ___
- Canadian interior designer Ms. Olson
- Play hockey, also



do this

- "It's such ___!" (I'm so happy!)
- ___ (As per the broadcast of TV shows)
- Eva ___, Madonna's "Evita" (1996) role

- Bugs Bunny, e.g.
- "___ It Bad": Tune by Usher
- Toronto: CN Tower's locale, 301 ___ Street West
- Edmonton's CFL team's website, ___ .com

- "Can you give ___ hints at all?" (I need help guessing!)
- Down
- Egypt's second largest pyramid
- "My sentiments exactly.": 2 wds.
- Reduced

- Contaminate
- Coop
- Beers
- Academic letters
- Purolator delivery
- Item on Eugene Levy's resume
- Ms. Hilton
- 1997 snake horror

- movie
- Alberta town
- Parisian season
- Store job
- There: Latin
- "It's ___ business but my own!"
- Pou ___ (Vantage point)
- Li'l old MTV show
- "That hurts!", comics-style
- Beatles manager Brian
- Food fragment
- Mr. Asner's
- Infomercial exercise device: 2 wds.
- Michel ___: "Rain-showers" Montreal-born musician
- Folklore creature
- West Coast basketball team [acronym]
- Some batteries
- Fitting-here fish
- Produce
- Tightwad
- Quebec pastry brand
- k-os hit: "Man I ___ Be"
- British songstress Beth
- Extreme execration
- Rapper 50
- Chef
- Writer Ms. Rand's
- Sunscreen no.
- ___ Louis (Popular cakes-in-a-box product by #48-Down)

Yesterday's Crossword

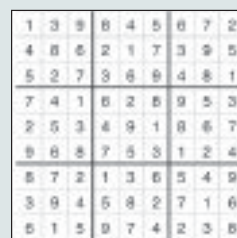


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: -3°
MIN: -12°

WEDNESDAY



MAX: -3°
MIN: -14°

THURSDAY



MAX: 0°
MIN: -8°



JENNA KHAN WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



RECYCLING
REMEMBER
#1

When you're recycling
paper and boxes, fold and
flatten them to save space.



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\$715. ADD Whistler Mountains and
Adventure Tour from \$139.

Conditions apply. Ex: Winnipeg. All advertised prices include taxes & fees. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change.



Canadian Cancer Society
Société canadienne du cancer

APRIL IS DAFFODIL MONTH

BUY A DAFFODIL PIN
SUPPORT MANITOBIANS WITH CANCER

The daffodil is the Canadian Cancer Society's symbol of hope and represents the fight against all cancers. April is daffodil month when Manitobans can unite by showing cancer they're not afraid to stand up and fight back. Wear your daffodil pin throughout April to show people who are living with cancer they are not alone and to honour loved ones lost to cancer.

Money raised from the sale of daffodil pins allows the Cancer Society to work for change in the health care system so it is more responsive to the needs of cancer patients. It also allows the Society to fund support programs that help Manitoba families, and world-class research that is saving lives. In the 1940's when we first started funding research, survival of cancer was about 25%. Today, survival is at 63%.

Please give generously when a volunteer canvasser knocks on your door.

Thanks to your support, we can continue to make a real difference.

cancer.ca

